



Austin, TX



Taiwan



Sweden

**Its Better in the Water!!**

**Top Amateur and Professional Athletes** use Aquatic Therapy to get back in the game faster and stronger with less pain and swelling.

**The Best Hospitals and Surgeons** suggest aquatic therapy before surgery to build strength and after surgery for quick, less painful recovery.

Aquatic Exercise has also been found to be very beneficial for many people who are Overweight or suffer from Multiple Sclerosis, Cystic Fibrosis, Fibromyalgia, Spinal and Head Injuries, Diabetes and other specific conditions. Please check the website ([www.H2OGym-US.com](http://www.H2OGym-US.com)) for links to some of the research.

30+ years of professional Water Exercise and Aquatic Therapy experience has gone into the development of every H2OGym product.



H2O Gym-US, LLC

P.O. Box 82813  
Austin, Texas 78708  
Phone: 512-417-8103



**Aquatic Exercise  
Equipment for  
Fun,  
Fitness,  
Therapy and  
Rehabilitation**

H2O Gym-US, LLC  
P.O. Box 82813  
Austin, Texas 78708

Phone: 512-417-8103  
Fax: 512-832-9107  
[www.H2OGym-US.com](http://www.H2OGym-US.com)  
[info@H2OGym-US.com](mailto:info@H2OGym-US.com)





**It's Better in the Water!!**

Exercise or therapy  
Fitness or rehabilitation

Or just for the FUN of it!  
It's Better in the Water!!

**Aquatic Exercise-**

- Reduces pain and increases flexibility.
- Burns more calories during and after.
- Water supports and massages the body.
- Reduces blood pressure, stress, and risk of injury.
- Slower heart rate while exercising.
- All of the benefits of land exercise—without feeling the sweat.

**Aquatic Therapy and Rehab-**

- Preferred therapy before and after knee, hip & ankle replacement or surgery.
- Faster rehabilitation with less pain and swelling.
- Buoyancy helps to simplify gait training.
- Especially beneficial to those who are not able to perform land-based fitness programs.

Great for  
Personal Training and Group Fitness Classes—  
Arthritis classes, & more !



Review a sampling of the  
supportive research  
references from our  
website—  
[www.H2OGym-US.com](http://www.H2OGym-US.com)

**Price List**

(MSRP FOB Austin, TX)  
Prices subject to change



**Model 601** \$4175  
*Aquatic Treadmill*  
Full size commercial quality treadmill. 2 inch diameter stainless steel rails. This treadmill is ready for Therapy Center or Fitness Center installation



**Model 602 Aquatic Treadmill/Cycle** \$5375  
Full size commercial quality treadmill plus an exercycle. Adjustable seat for comfort. Built for continuous daily use.  
*Approx. Installed size-76"LX35"WX55"H*  
*Approx. weight- 178 pounds*



**Model 603 Stepper/ Twister** \$4175  
Stepper for aerobic activity and twister for increased flexibility. Twister also massages the bottoms of your feet.  
*Approx. Installed size-44"LX32"WX61"H*  
*Approx. weight- 75 pounds*



**Model 606** \$2650  
*Flip 'n Go Treadmill*  
The only treadmill that is strong enough to walk hundreds of miles, yet is easily rolled in and out of the pool. Perfect for backyard pools or multipurpose commercial pools. (Patented design)  
*Approx. Installed size-43"LX28"WX43"H*  
*Approx. folded size-18"LX29"WX47"H*



**Model 608** \$2775  
*Flip 'n Go Stepper*  
This stepper is great for that additional exercise station, or for therapy modes not available with other equipment. (Patent pending)  
*Approx. Installed size-33"LX29"WX54"H*  
*Approx. folded size-12"LX29"WX54"H*  
*Approx. weight- 40 pounds*



Fits easily in a small car (Subaru)    Patented SS Design    Folded    Ready to roll    Easy In Easy Out

**New Products**

Watch for this exciting new product !

**Model 609 -Sit n Fit Aquatic Exerciser-** \$TBA  
This multidimensional exercise equipment will work your upper body, legs and core-



**Spa Exerciser-** \$60  
This exciting new patented exercise device attaches with a color coded locking mechanism to your spa or bathtub without tools . The free exercise descriptions with the bar and the included resistance bands will exercise and stretch your upper body, legs and core- Full body exercise where you find it convenient.- in a spa, shower or bathtub. Requires a smooth solid surface.



**Order Form**

Item #	Description	Qty.	Price	Subtotal
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Order total: \_\_\_\_\_  
Tax: \_\_\_\_\_  
Shipping:(FOB Austin, TX) \_\_\_\_\_  
Total: \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_

Phone \_\_\_\_\_

Method of Payment

- Check
- Visa
- MasterCard
- Discover
- American Express

Items in inventory are normally shipped within 2 business days after order and payment are received. Prices subject to change. Please call for price updates, inventory or quantity discounts on orders of 5 or more units.

Credit Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

Signature \_\_\_\_\_

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